

MOCSIS NEWSLETTER

COVID-19 EDITION

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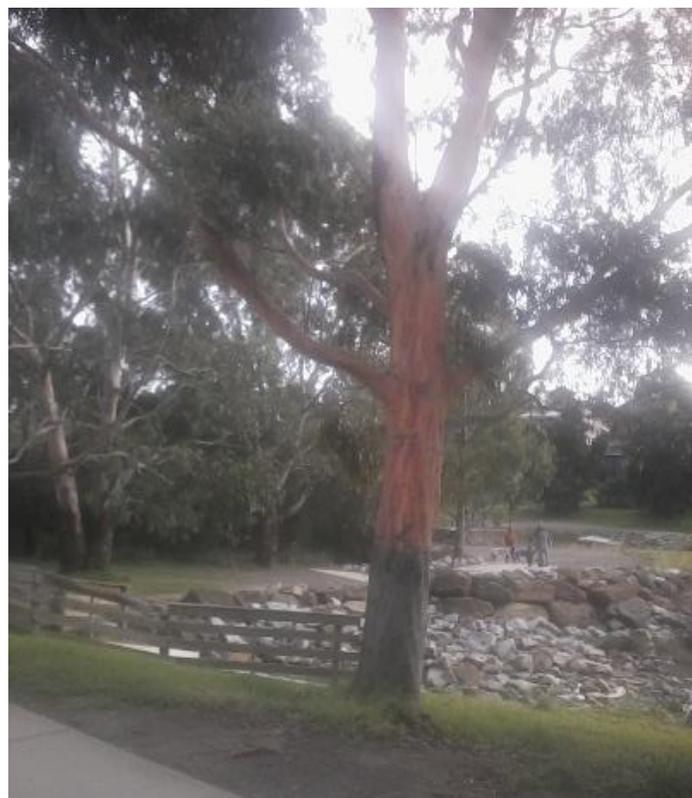


We all know what we are not supposed to do but what HAVE we been doing in this time of Corona? These are some of the answers the newsletter has received.



Using Zoom...

Before the lockdown I hadn't even heard of Zoom. I have kept in touch with the family using Zoom, our book club has had a couple of Zoom meetings, my regular exercise class has been changed to a Zoom class and we have used Zoom for the MOCSIS committee meetings. We are very lucky to have the technology to help us through.



Walking...

Solo or with a friend

Enjoying local bush tracks

Painting houses and furniture....



Catching up on all those household tasks....

Well, here we are into another week
And jobs around the house I am trying to seek.
I've sorted out the wardrobe as best I dare
If I keep going like this I will have nothing to wear!!!!
The kitchen cupboards are looking very neat
I've found cans of food I will never eat.
The old bills are shredded and been thrown out
They certainly mount up of that there's no doubt.
The photos are all sorted into categories
It's amazing how many there are of me!!
No more baskets of ironing waiting to be done
I never thought that task could be such fun.
The fridge is sparkling, I've been working like a beaver
Can't believe what was hidden in the back of the freezer
I am waiting for the days when normality will return
But until then "stay inside" I will have to learn
And if I get really bored every now and then
I will just have to start doing the above all over again!!!!!!

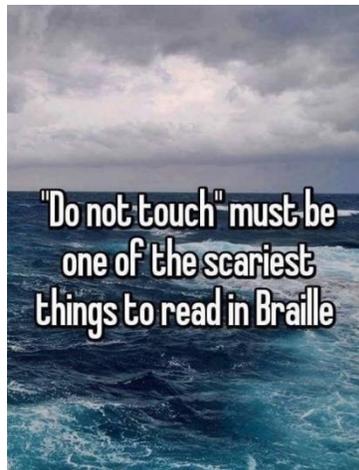
Putting skills to work...



Learning new ones...



Having a laugh...



Observing...



Reflecting...

Nanny, do you worry about getting the virus?" This was the question from granddaughter aged 8 in the car at 7.30 am this morning. My answer was NO.

After the usual requests to justify my opinion, we spoke about how lucky we are to live in Australia, to have our health care service and to be part of a community that has shown such care and responsibility.

The conversation ended with a mutual decision that we should worry about, and pray for, people in refugee camps with no water, no toilets, poor food, no space and the virus.

Personally, I need to remember my words when I find the isolation difficult and stressful. It only seems of late that the mental health issues are being addressed. When one lives alone and is "old" (according to my children), with anxiety issues, it is a recipe for some dark and lonely days.

My wish, and prayer, is for all people who are finding lock down difficult. May their challenge be eased by the care of family and friends.



**Watching
the season
change....**



Understanding...

The lockdown has turned everything upside down.
From cramming things in to an ever-diminishing week
I found myself sitting at home
Wondering how to fill in the hours that loomed ahead.
It took no time at all before I realized it didn't matter;
I could do whatever I liked
There were books to read, veggie gardens to create
And walks along the rail trail to take.
Better still there was the house to keep me grounded,
Connecting me to my community.
The lockdown has highlighted many things, but of them all
I have come to realize one truth;
That no one can change what lies ahead;
All we can do is focus on our journey there.

Spending time in the garden...



Staying in contact with MOCSIS...

MOCSIS has still been getting Foodbank deliveries so I have come in every second Wednesday.
It's good to be able to see some of the volunteers.

I hope all MOCSIS people are well. I really appreciate the updates and phone contact and will be glad to return to the house and relearn all I have probably forgotten! I am finding plenty to do but missing seeing friends of course; enjoying gardening but wish I had Joy's expertise, reading, walking, have cleaner cupboards and even a jigsaw on the go but still avoiding picking up the tapestry. Hair is driving me mad in length but - having been white for many years - am glad that part is not a concern; soon I will brave a hairdresser as I know we can - even though we are old. Our house is not large but has been a perfectly adequate size for two adults for 40 years. However, it seems to have become smaller in recent weeks and now the golf course is up for consideration. We are very careful souls though so will probably give it a little longer to see what pans out. Stay well and thanks to those who are working hard.

Special thanks to...

- Karen, Allison, Sana, Bernadette, Peter, Judy, Morny, Joy S, Kathy, Maureen F, Maureen W, Andrea whose contributions made this edition possible
- The dedicated volunteers who are keeping MOCSIS open during this difficult time
- President Kathy and the Committee who make sure we all remain in the loop
- MOCSIS friends, supporters, and suppliers for donations and encouragement



Thanks to the RACV who donated 100 frozen vegetarian meals cooked in their own kitchen

LATE NEWSFLASH : 2020 cancelled

After careful consideration, we have decided that it is no longer in the best interests of everyone involved to proceed with 2020.

While we recognise that a lot of hard work has gone into preparing for 2020, if we're honest it has become a big old mess and it is best to call it off.

We understand that a few of you may have been looking forward to seeing what cruel and peculiar disaster 2020 would throw at us next, but on balance we believe it is probably best not to find out. We will instead provide ticket holders with a full refund or exchange and start afresh with 2021 on Monday.

Our plan is to deliver a more enjoyable year, similar to say, 2016, which everyone thought was the absolute worst at the time, but in retrospect, was a walk in the park. SEE YOU NEXT YEAR